



www.MWRarmyhawaii.com

# Army Community Service FAMILY READINESS CLASSES October & November 2004

**New! Every Monday Night from 6:30-8:30, get the class of your choice!  
Ask for what you want and get a personalized session for your group.  
(Excluding the first Monday night of each month)**

## October 2004

Time Management	Oct. 4	0930-1130
Army Family Team Building (AFTB), Level 1	Oct. 5 & 6	0830-1200
FRG in a Nutshell	Oct. 13	0930-1130
AFTB at Fort Shafter, Level 1	Oct. 7 & 14	0830-1200
Army Family Team Building, Level 2	Oct. 12-13 & 19-20	0830-1200
Point of Contact Training (POC)	Oct. 20	0930-1130
AFTB at Fort Shafter, Level 2	Oct. 21 & 28	0830-1200
Time Management (FS)	Oct. 18	1800-2000
Care for the Caregiver, FRG's with Dr. Faran	Oct. 21	1830-2000
New! How to Enhance Your R&R	Oct. 25	0930-1130
Supporting Your Deployed Spouse	Oct. 27	0930-1130
FRG Newsletter Class	Oct. 28	1000-1200

## November 2004

Encouraging Participation	Nov. 1	1300-1500
Army Family Team Building, Level 1	Nov. 3-5	0830-1230
AFTB at Fort Shafter, Level 2	Nov. 4 & 18	0830-1230
Hospitality	Nov. 8	0930-1100
Army Family Team Building, Level 2	Nov. 8, 15, 22, 29	1815-2100
Army Family Team Building, Level 3	Nov. 15, 16, 17, 18	0830-1230



**Army Community Services, Building 2091, Schofield Barracks**

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Web Site: [www.mwrarmyhawaii.com/acshome.asp](http://www.mwrarmyhawaii.com/acshome.asp)

*"Helping Families Help Themselves"*

Fundraising  
FRG's in a Nutshell

Nov. 23  
Nov. 30

1300-1500  
1300-1500